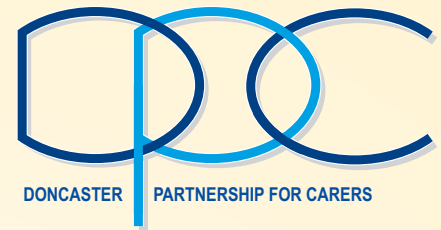


Doncaster Carers Newsletter



September 08

THE NEW NATIONAL CARERS STRATEGY **'Carers at the heart of 21st century families and communities'** **June 2008**

On 10th June 2008 the government announced its 10-year Carers' Strategy, an update of the strategy first revealed in 1999. Extensive consultation was carried out with carers, carers' organisations and employers that covered four main areas: income, employment, health and equalities.

Their vision is that by 2018, carers will be universally recognised and valued as being fundamental to strong families and stable communities. Support will be tailored to individuals needs, enabling carers to maintain a balance between their caring responsibilities and a life outside of caring, whilst enabling the person they support to be a full and equal citizen.

To deliver this vision they have committed:

- £150m over next two years towards planned short breaks and replacement care to give carers a time-off from their caring duties
- £38m earmarked for supporting carers to train and get a job or to re-enter the job market
- A pilot study of annual health checks for carers to help them stay mentally and physically well
- Training for professionals across the board, from health to housing, to provide better services and support for carers
- A more personalised support service with easily accessible information
- £6m to ensure young carers are protected from inappropriate caring and receive the support they need.
- Improve the emotional support offered by central, local government and the third sector to carers

They have also made a commitment to review the benefits system and financial support for carers but many carers facing financial hardship are very disappointed with this decision and a protest is being arranged. Details below:

A PROTEST IN RESPONSE TO THE LACK OF WELFARE REFORM IN THE NEW NATIONAL CARERS STRATEGY June 2008

A protest is to take place in London on 22nd April 09 and across the country on 24th April 2009 to raise awareness of the lack of commitment to address the financial hardship caused by caring for someone. Pledges to review current structure of benefits don't go far enough, carers need change sooner rather than later. Anyone interested in being part of this campaign can visit the website: carerspovertyprotest.myfreeforum.org or contact Debbie Osborne 01302 531333.

Doncaster Partnership for Carers will be organising a petition and a local protest.

Carers Week 9th 13th June 2008

Throughout Carers week DPFC hosted a variety of events for carers from holding information stands at different localities in Doncaster to raise awareness of carers and offer support to ensure they receive relevant entitlements to giving a little light relief from their caring role by hosting a Cream Tea party at St Wilfrid's and a Multi cultural Event at St Peter in Chains church hall on Chequer Road.. Below is a snapshot of the various events



Julie and Frank staffing our information stand



The Tia Chi was relaxing to watch and as usual the audience were encouraged to join in



The staff and carers learning the art of Asian dancing



This African drummer, had the audience participating with his African tales through song



Here, some of the ladies from DPFC got into the spirit of the multicultural day with the help of Gini Badhuri and Rosemary Stephens.



Everyone enjoyed the salsa lessons

INDEPENDENT LIVING THROUGH TELECARE

Telecare is for people who are experiencing difficulties in relation to independent living because of their illness or medical condition eg dementia, epilepsy, diabetes, other condition or disability.

There is a range of assistive technology equipment which alert staff from the Community Alarm Monitoring Centre that you may need assistance because of an injury or other incident etc. The Alarm Centre will respond through the Telecare equipment issued to you by either contacting your family or send out a mobile warden, should you need assistance through injury or accident in your home.

The Alarm Centre can also let you know through alerts from various telecare equipment that you may have left the tap running, if the smoke alarm goes off to name a few examples. It also gives peace of mind to your family (friends) who may be caring for you but unable to be with you all the time to know that there will be someone on the end of the phone to respond to any alerts that are triggered from the equipment. The Advisors from the Alarm Service and Mobile Wardens are trained to deal with emergencies quickly and efficiently and staff the Alarm Centre around the clock.

If you feel that you would like to know more, want some leaflets posting out to you or want a referral form, you can telephone (01302 737398). If you have access to the internet you can download and print a referral form to fill in later and post back or have the option of filling a referral on line and submitting it to Telecare. The Website address is www.doncaster.gov.uk and type in "Telecare" in the search box or look under independent living. On the Website you will find more details and literature to view various examples of how telecare has helped people.

Once the referral has been received The Telecare Officer will be in touch to assess the person referred by carrying out a home visit.

The equipment will be loaned out to the recipient and there will be a small weekly charge for the service from the Alarm Centre once the equipment has been installed.

If you feel that you need advice regarding benefits to enable you to maximise your finances for Telecare services then please get in touch with the Benefits Advice Unit on 01302 735270. They hold surgeries at various locations near you.

The address for enquiries is Telecare Section, Directorate of Adult Services, Floor 1, Doncaster Metropolitan Borough Council, The Council House, PO Box 251, College Road, Doncaster DN1 3DA. Telephone 01302 737398.

Doncaster Partnership for Carers and WEA are organising 10 fun sessions for Carers

HOLISTIC HEALTH for CARERS

Get together with other carers living in the Doncaster area and

- Find out about the benefits of Holistic therapies and try some at the same time
- Learn how to relax try some meditation
- Learn how to make Bath salts, body scrubs and other luxury pamper goodies
- Get tips on making your caring role less stressful for you
- Make new friends and enjoy a little time out for yourself

Sessions start on 16th September 2008 1.00pm - 3.00pm for 10 weeks ending on 25th November 2008 at: Doncaster Partnership for Carers, 74 Church Lane, Bessacarr, Doncaster, DN4 6QD

Numbers are limited to find out more or book a place contact:
Debbie Osborne 01302 531333 / 07917690590

Lifestyle Roadshows

We have dates for three more Information roadshows later in the year.

Woodlands Library and CSC
Monday September 1st
10.00-12.30

Bentley Library and CSC
Wednesday September 24th
10.00-12.30

Sprotbrough Library and
CSC Friday October 31st
10-12.30

Services to support Carers

Caretogether, support family and friends of people with Cancer or life threatening illness. St Johns Information and Support Centre Tel: 01302 796853

Carers Services Rethink

Supports carers of people suffering with a mental health problem. (01302) 734050/736761/ 734795

Doncaster Take Heart Tel: 07999756805 or email JMGibsonB@3mail.com

Drugs Strategy Carer Unit

Support for carers of drug users.
Tel: (01302) 312180

Parents in Partnership

Support parents with educational issues
Tel: 01302 737440

T.I.E. Together Information Exchange

Information for parent carers
Tel: 01302 736209.

New Beginnings

open morning for carers first Friday in the Month 01302 571240
www.drughub.co.uk

Barnardo's, Doncaster Young Carers Service would like to hear from any Young Carers who live in the Doncaster area and would be interested in speaking out about what young carers want and need from local services.

Come and join the Young Carers Forum and make a difference for your area. We plan to hold a virtual meeting of the Forum (via telephone conference call) during each school holiday. Contact

Barnardo's, Doncaster Young Carers Service on 01302 858697.

New Website for Carers

Doncaster Partnership for Carers website is now up and running, providing a valuable resource not just for carers living in Doncaster but also for people working with carers.

The web site tells you what services DPFC can offer carer, it enables you to down load relevant form such as membership, training etc and links to other local and national organisations.

DPFC Website: www.doncastercarers.org.uk

Doncaster Carers Forum gives carers living in Doncaster a collective voice and ensures their views are heard in service policy and planning, the forum meets bi-monthly 10am 12pm contact Debbie Osborne Tel: 01302 531333

Doncaster Partnership for Carers (DPFC)

Offer advocacy, advice, information and emotional support to carers. We also host carers coffee mornings twice monthly

DPFC Coffee Morning Dates for next three months 2008. At St Wilfrid's 10am 12pm

September	10 th		24 th
October	8 th		22 nd
November	12 th		26 th

Tel: 01302 531333

Route 2000's 7th Information Day "The Impact of Disability on the Family"

Route 2000 is holding its seventh information day on Thursday 6th November 2008 at Carr House Centre, Doncaster from 9.00am to 3pm.

Themed as "The Impact of Disability on the Family" the event will once again open with a talk on the theme for the day moving on to a series of workshops on a variety of topics that are relevant to that theme.

Workshops include such topics as Siblings, Direct Payments and a choice of workshops on Transition, one relating to Transition into Adulthood and the other looking at Transitions within Education. There will be a performance by young people from one of Doncaster's Special Schools on the day and a short talk by a young person about living with a disability. Various information stands will be available.

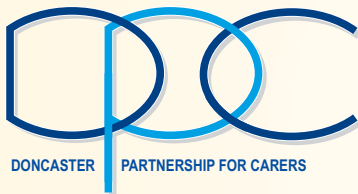
Route 2000 will be celebrating its 10th anniversary in December this year. The Route 2000 Group consists of local parents of children with disabilities and professionals with an interest in childhood disability such as consultants, nurses, teachers, social workers and representatives from the voluntary sector working together to bridge the information gap and putting families, carers and children on the right track.

When choosing the topic for this seventh Information Day the group decided that disability impacts the family in many ways and hopes to illustrate through the various talks and workshops what help is out there to reduce the tensions and difficulties that can arise within the family living with disability. The group hopes you will come along to learn from and enjoy the talks and workshops provided.

The day is principally for the benefit of parents, carers and professionals and provides an excellent opportunity to socialise with others interested in this topic.

Just 100 places are available on a first come first served basis with a buffet lunch and refreshments provided. The cost of the day will be free to parents/carers; however a refundable £5 payment is required to secure your booking. There is a charge for professionals please ask for details at the time of requesting a booking form.

To book a place or for further information please contact Louise Johnson on 01302 366666 ext. 3856



74 Church Lane, Bessacarr,
Doncaster DN4 6QD
Tel: (01302) 531333
Email: dpfc@doncastercarers.org.uk
Web: www.doncastercarers.org.uk

**Tel: 01302 531333 Monday Friday 9am-5pm
except Bank Holidays. Out of these hours
there is an answer machine for you to leave
a message**

Doncaster Partnership for Carers (DPFC) support adults living in Doncaster who care for a family member, partner or friend who cannot manage without their help because they are ill, frail, have a physical disability or a mental health problem.

All our services are **FREE** and **CONFIDENTIAL** We help carers with:

Information	Attending support groups	Speaking up for themselves
A Listening Ear	Concerns over services	Language support
Training	Having a 'voice' in health and social care service planning arenas	Accessing Services
Volunteering	Informed through our Free Quarterly Carers Newsletter (DCN)	Days out and meeting other carers



By Car

From the St Leger (racecourse) roundabout exit onto Bawtry Road (A638). Stay on Bawtry Road (A638) until you pass the Punches Hotel at these traffic lights turn left into Church Lane. When you come to the staggered junction, continue ahead on Church Lane, we are on the right.

Bus Route

Catch the 57 bus (brown line) from stand A5, get off at the Water Tower Lane bus stop. Church Lane is the road opposite the Water Tower and we are on the right.

Articles printed in the Doncaster Carers Newsletter do not necessarily reflect the view of Doncaster Partnership for Carers Ltd.

PLEASE NOTE:

That whilst every care has been taken to provide accurate up-to-date information, no responsibility can be accepted for error or omissions in this issue, neither does the inclusion of any service imply any kind of recommendation.