

## Indian Head Massage

Workshops

Thursday

10am - 12pm

Term Time only, may incur a charge dependant on circumstances



## Arm, Hand and Neck Massage

FREE 20 minute session

Fourth Wednesday of the Month

10:30 - 12:30

Donation Appreciated



## Reiki

FREE 20 minute session

Second Wednesday of the Month

10:30 - 12:30

Donation Appreciated



**Doncaster Carers Centre**  
**The Carers House**  
**2 Regent Terrace**  
**South Parade**  
**Doncaster**  
**DN1 2EE**

**TO FIND OUT MORE CALL**

**01302 637566**

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**Text: 07984119117**